

SUNFLOWER

RESTAURANT & CAFE

Cold Sandwiches

Sandwiches Served with Lettuce, Tomato and Mayonnaise on Your Choice of Bread White, Honey Wheat, Sour Dough Rye, Seven Grain, Pumpernickel, or Jalapeno Cheese Croissant \$.75

Add Chips, Fries or Potato Salad \$1.75

Chicken Salad	\$6.00
Egg Salad	\$6.00
Ham & Swiss	\$6.00
Tuna Salad	\$6.00
Turkey Bacon Avocado	\$6.75
Pimento Cheese	\$6.00
Bacon Lettuce Tomato	\$6.00
Turkey & Monterey Jack	\$6.00
Egg Salad & Bacon	\$6.75
Chicken B.L.T.	\$6.75
With Chipotle Mayonnaise	
Corned Beef & Swiss	\$6.75
With Dijon Mustard	
Roast Beef & Cheddar	\$6.75
With Horseradish Mayonnaise	
Vegetable Sandwich	\$6.00
Avocado, Tomato, Lettuce, Shredded Vegetables (Carrots, Cucumbers, Red Onions) Cheddar Cheese & Mayonnaise	

Hot Sandwiches

Add Chips, Fries or Potato Salad \$1.75

Grilled Pastrami & Swiss **\$6.95**
Pastrami, Swiss Cheese & Dijon Mustard on Rye

Grilled Ruben **\$6.95**
Corned Beef, Sauerkraut, Swiss Cheese & Russian Dressing on Rye

Cheeseburger **\$6.95**
On a Homemade Bun, Lettuce, Tomato, Onions & Pickles

Turkey Burger **\$6.95**
Ground Turkey Breast mixed with Shredded Vegetables and Spices, Served on a Homemade Bun

Pork Tenderloin **\$7.25**
Breaded & Fried; served on a Toasted Bun with Lettuce, Tomato & Horseradish Mayo

Shrimp Po-Boy **\$8.95**
Fresh Gulf Shrimp on a Toasted Bun with Tarter Sauce

Cup of Soup & 1/2 Sandwich
Any Sandwich From Our Cold Sandwich Menu.
\$6.95

Tomato Basil Soup	Cup	\$3.75
	Bowl	\$5.50
Soup of the Day	Cup	\$3.75
(When Available)	Bowl	\$5.50

Sides

Potato Salad	\$1.75
French Fries	\$1.75
Coleslaw	\$1.50
Fresh Fruit	\$2.75
Fresh Vegetables	\$2.00
Mashed Potatoes	\$2.00
Chips Baked, Regular, BBQ	\$1.75

Salads

Salad Plate	\$7.75
Choice of Chicken Salad, Tuna Salad or Egg Salad, with Potato Salad & Fresh Fruit	
Stuffed Avocado Plate	\$7.95
Choice of Chicken Salad, Tuna Salad or Egg Salad in Avocado Halves with Vegetable Salad	
Greek Salad	\$6.95
Tomatoes, Cucumbers, Green Peppers, Red Onion, Feta Cheese & Calamata Olives Tossed with Crisp Romaine	
Spinach Salad	\$6.95
Fresh Spinach, Crisp Bacon, Boiled Egg, Mushrooms & Red Onion Tossed with Honey Mustard Dressing	
Caesar Chicken Salad	\$7.95
Romaine, Parmesan & Seasoned Croutons Tossed with Caesar Dressing Topped with Roasted Chicken Breast	
Thai Chicken Salad	\$7.95
Romaine tossed with julienne Vegetables & Thai Dressing topped with Roasted Chicken Breast	
House Salad	\$7.95
Mixed Field Greens, Fried Goat Cheese, Crispy Fried Onions and Honey Mustard	

House Specialties

Add a small Dinner Salad for \$2.95

Texas Blue Crab Cakes	\$14.95
Three Cakes Sauteed and Served with Lemon butter, Fresh Vegetables and Mashed Potatoes	
Grilled Pork Chops	\$9.95
Two Center Cut Chops, Topped with Tomato Basil Sauce, Served with Fresh Vegetables and Your Choice of Mashed Potatoes or French Fries	
Chicken Fried Steak	\$9.95
Homemade Country Gravy, Fresh Vegetables and Your Choice of Mashed Potatoes or French Fries.	
Southern Style Corn Cake	\$8.95
Topped with Pulled Chicken, Shredded Lettuce, Avocado, Sour Cream and Pico de Gallo	
Grilled Bratwurst	\$8.95
German Style Veal Sausage, Served with Sauerkraut and Mashed Potatoes	

Drinks

Coffee	\$1.95
Sodas	\$1.25
Tea: Iced, Hot or Fruit	\$1.95
Strawberry Lemonade	\$1.95

**Don't Forget to Take Something Home From Our Bakery
Your Server will Be Happy to Help you with Bakery Items**

The Sunflower Bakery & Cafe

Breakfast Menu

Continental Breakfast

Fresh Fruit Plate Served with Your Choice of Muffin, Scone, Danish, Toasted Croissant
\$ 6.25

Little Breakfast

Two Eggs (any style), Hash Browns, Toast, and Your Choice of Bacon, Ham or Sausage
\$ 6.50

Big Breakfast

Three Eggs, Hash Browns, Two Buttermilk Pancakes and Your Choice Bacon, Ham or Sausage
\$ 7.50

Pancakes

*Three Pancakes-Your Choice of:
Buttermilk, Blueberry, Strawberry, Pecan, or Chocolate Chip*
\$ 5.50

Three Egg Omelet

*Served with Hash Browns and Your Choice of Three of the Following:
Ham, Bacon, Roasted Chicken, Spinach, Cheddar Cheese, Bell Pepper,
Onion, Tomato, Pico De Gallo, or Swiss Cheese*
\$ 6.50

Each Additional Item \$.50

Quiche Plate

Slice of Warm Spinach or Ham Quiche served with Fresh Fruit
\$ 6.25

Bacon and Egg Sandwich

Two Scrambled Eggs, Bacon, Lettuce, Tomato, and Mayo on a Toasted Croissant
\$ 6.50

Biscuits and Gravy

Two Homemade Biscuits Topped with Country Gravy
\$ 4.25

Add Two Sausage Patties \$ 6.25

Challah French Toast

*Homemade Challah Bread Dipped in Egg and Cinnamon Batter and Sautéed.
Served with Maple Syrup*
\$ 5.95

The Sunflower Bakery & Café

Brunch

Mimosas

California Champagne and Fresh Squeezed Orange Juice

All Day on Saturday.

After 10:00 A.M. On Sunday

\$ 6.25

Eggs Benedict

\$ 8.25

Toasted English Muffin Halves topped with grilled Canadian Bacon, Poached Eggs and Hollandaise Sauce. Served with Breakfast Potatoes.

Crab Cakes & Eggs

\$ 11.75

Two Texas Gulf Crab Cakes Topped with Poached Eggs and Hollandaise Sauce. Served with Breakfast Potatoes and Toast.

Shrimp Omelet

\$ 9.95

Fresh Gulf Shrimp simmered in Ranchero Sauce and Stuffed in a Three Egg Omelette. Topped with Guacamole and Cheddar Cheese. Served with Breakfast Potatoes and Toast

Pork Chop and Eggs

\$ 8.95

Boneless Rib Chop Char-Grilled, Served with Two Eggs Any Style, Breakfast Potatoes and Toast.

Bread Pudding French Toast

\$ 6.95

Homemade Bread Pudding Sliced and Sautéed. Topped with With Pineapple and Fresh Berries.

Salmon & Eggs

\$ 10.95

Fresh Salmon Filet Sautéed and Topped with Two Poached Eggs and Hollandaise Sauce. Served with Breakfast Potatoes, Toast and Jam

The Sunflower Bakery & Café

Brunch

<i>Challah French Toast</i>	\$ 5.95
<i>Homemade Challah Bread Dipped in Egg Batter and Sautéed. Served with Butter and Maple Syrup.</i>	
<i>Steak and Eggs</i>	\$ 12.75
<i>U.S.D.A. Choice Flat Iron Steak Char Grilled and Serves with Two Eggs Any Style, Breakfast Potatoes and Toast</i>	
<i>Southern Style Eggs</i>	\$ 7.25
<i>Two Eggs Any Style on Southern Corn Cakes. Topped with Ranch Sauce, Cheddar Cheese and Sour Cream.</i>	
<i>Jumbo Lump Crab Meat</i>	\$ 13.95
<i>Sauteed Crab on Two English Muffin Halves Topped with Poached Eggs and Hollandaise Sauce. Served With Breakfast Potatoes.</i>	
<i>Veal & Eggs</i>	\$ 11.95
<i>Tender Milk Fed Veal Sautéed and Topped with Jumbo Asparagus, Two Poached Eggs and Hollandaise Sauce. Served with Breakfast Potatoes, Toast and Jam</i>	
<i>Filet Mignon & Eggs</i>	\$ 12.95
<i>U.S.D.A. Choice Tenderloin of Beef Pan Seared, Topped with Two Poached Eggs and Hollandaise Sauce. Served with Breakfast Potatoes, Toast and Jam.</i>	
<i>ADD JUMBO LUMP CRABMEAT</i>	\$ 16.50
<i>Migas</i>	\$ 6.95
<i>Three Eggs Scrambled with Onions, Tomatoes, Jalapenos and Crispy Corn Tortilla Strips. Served with Ranch Beans, Salsa and Flour Tortillas</i>	